



The Eagle

Newsletter



Year 7 Volume 6

Duke Of Edinburgh's Silver Award Expedition

Students successfully completed their Duke of Edinburgh Silver Award expedition, showing remarkable strength of character and determination throughout the journey. Battling intense heat of up to 30 degrees while carrying full expedition kits, they hiked an impressive 10 miles each day across challenging terrain. Despite the physical demands, they maintained high spirits, never once complaining, and instead embraced the challenge with a positive attitude and unwavering commitment.

Throughout the expedition, the students consistently demonstrated outstanding teamwork, communication, and resilience. They supported one another with kindness and integrity, always ensuring no one was left behind and taking full responsibility for their group's welfare and progress. Their maturity and perseverance under testing conditions were nothing short of inspiring. These young people were a true credit to themselves and to our school, and on behalf of the Duke of Edinburgh Award Team at Hessle I would like to say it was a genuine privilege to support and witness their journey.

If your child would be interested in taking part in future Duke of Edinburgh Awards, please contact me.

Kate Moore



Head of Year 7 Updates

Responsibility in Action: Preparing for Year 8

As the term draws to a close, we've been reflecting on the growth our Year 7 students have shown throughout their first year at Hesse High School. The transition into secondary school is a significant step, and our students have shown great resilience and adaptability in rising to the challenges it brings.

At our school, *Responsibility* is one of our core values and it plays a key role in shaping the kind of learning environment we strive to maintain. As students prepare to enter Year 8, we continue to emphasise that responsibility is more than completing homework or following school rules (though those are obviously important too). It's about making wise choices, respecting others, and understanding the impact of one's actions – both in and out of the classroom.

One area where this value becomes especially important is in how students manage their social interactions. As friendships evolve and peer groups shift, it can be tempting for students to get involved in disagreements or issues that don't directly concern them. While many do so with the intention of helping a friend or feeling included, we encourage students to think carefully about when it's appropriate to step in – and when it's more responsible to step back.

Being responsible in social settings might look like:

- Choosing not to spread or pass on gossip
- Walking away from drama or conflict that doesn't involve them
- Encouraging friends to resolve issues calmly or seek support from a trusted adult
- Focusing on their own behaviour, learning, and wellbeing
- Owning up to mistakes and making things right when needed

These behaviours help foster a safe, respectful, and positive environment for everyone. We ask for your support at home in reinforcing these ideas. Talk with your child about the importance of setting boundaries, avoiding unnecessary involvement in others' disputes, and using empathy and good judgment in social situations. Let them know that being a good friend doesn't always mean choosing sides – sometimes it means staying neutral, being supportive from a distance, or encouraging others to do the right thing. As students move into Year 8, they are expected to show greater maturity and independence. Demonstrating responsibility in the classroom, in the playground, and online is a key part of this next stage. Our staff will continue to guide and support them, and we value the strong partnership we have with our families in upholding the values we all share.

Together, we can help our students grow into capable, thoughtful, and responsible young people, ready to thrive in Year 8 and beyond.



Head of Year 7 Updates

Student Successes

In recent weeks we have seen several student successes outside of school, particularly in sporting events. It's clear that we have some incredible talent and dedication in the year group and I'm sure we'll continue to hear about even more success in the future.

Congratulations to Joseph in 703 on his recent success in the Lincolnshire Championship for Taekwondo. Joseph took home a gold medal in his weight/belt sparring division and bronze in the mixed tag team sparring weight/belt division. Well done, Joseph!



- **Jayden B (7A2)** has recently participated in the 'Rhinos Challenge' rugby league tournament
- **Harvey W (7A2)** has become the County Champion for both high jump and long jump – a fantastic achievement
- **Layla H (7P2)** won a street dancing competition for her dance company Flex
- **Dom B (7P2)** won a trophy for ice hockey coming second in a national tournament
- **Tyler A-K (7C2)** took part in a competition for MMA in Dublin, winning his weight division
- **Abigail S (7C2)** won two golfing golds in recent tournaments at Brandesburton.

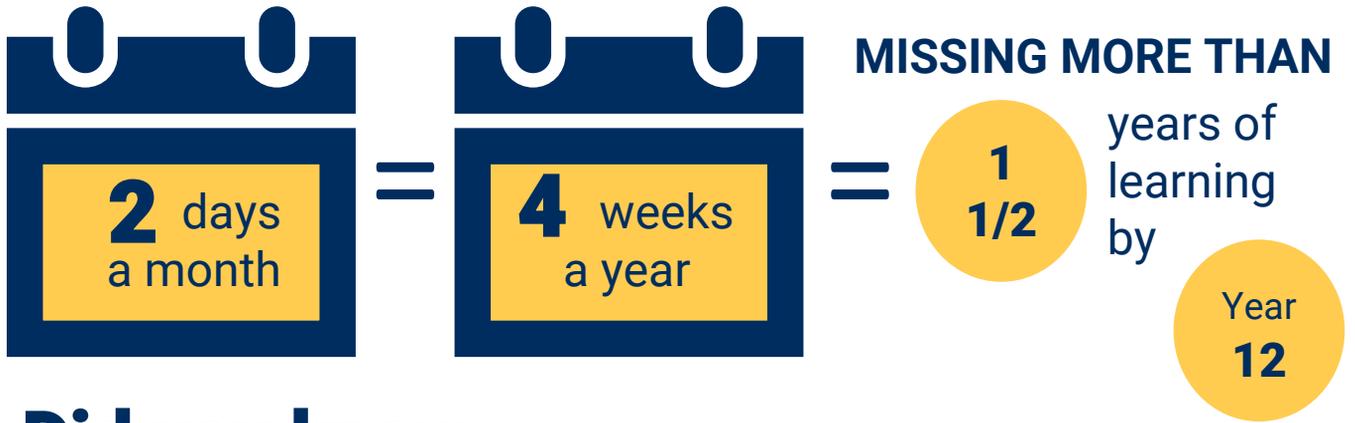
Congratulations to all – we look forward to hearing more about your successes in the future.

Finally, as this is the last newsletter of the school year, I would like to thank you all for your support during the year. By working alongside us, you allow us to support our students towards our goal of making sure their time with us is a happy and successful one and I look forward to working with you as we move into Year 8.

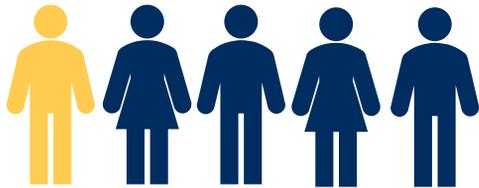
Mr Riches
Head of Year 7

Attendance Matters

every student, on time, every day



Did you know



1 in 5

students don't attend school regularly

What families can do ...

- ✓ Be firm: send your child to school every day, all day, unless they are unwell
- ✓ Develop good sleep and morning routines
- ✓ Schedule appointments and extra-curricular activities outside of school
- ✓ Avoid taking holidays during term time
- ✓ Seek help early before your concerns become serious

It's never too late to improve attendance

- Going to school more often will make a difference
- Attendance habits will follow your child into work and life

Each day missed ...

- Puts your child behind and makes it harder for them to catch up
- Can lead to lower achievement in reading and writing
- Can lead to gaps in learning
- Makes school completion less likely
- Makes the transition into a career less likely to be successful

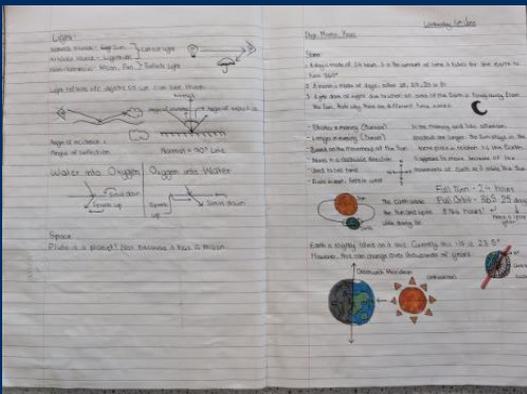


Schools are here to help.

Science – Year 7

This half term we invited science teachers to nominate those Year 7 students who have really excelled in their science lessons. The lucky students got to enjoy a trip to the National Space Centre.

The Year 7 students are leaving behind their 'sound and the universe' topics and moving onto separation techniques and earth chemistry. In these topics they will learn about the differences between elements, compounds and mixtures, along with how to separate different mixtures using varying techniques. Earth chemistry is exactly what it sounds like, learning about rocks and the atmosphere and naturally occurring reactions. This is then linked into how humans are impacting the earth.



Teacher Shout-Outs

Well done to all students invited on to the Science Rewards trip!

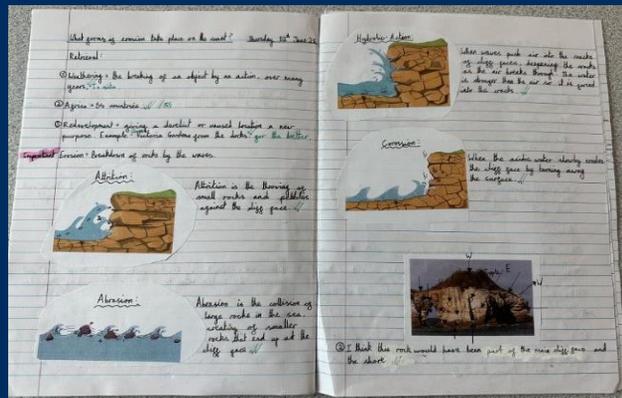
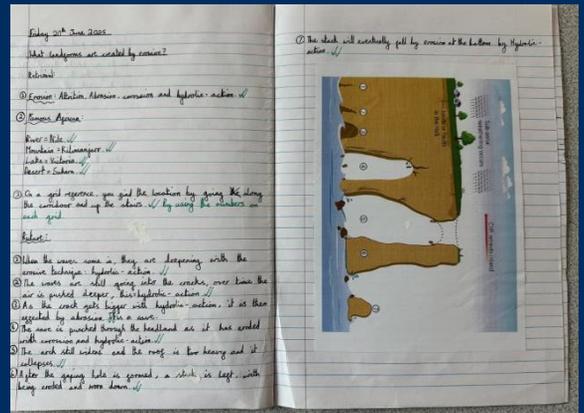
Well done to all students in Year 7 for finishing their first year in secondary Science!

Geography – Year 7

Year 7 students have finished their study of the challenges and opportunities of Africa and are now studying what happens where the land meets the sea.

This unit looks at a range of processes that affect the coastline and we are running a trip to Flamborough Head and Hornsea to study Geography in action and see the processes taking place.

Well done Year 7 - some great geography has been shared this year!



Aidan S (702), Alicia C (7A3), James B (7P1) - fantastic question and answers in lessons recently, really going above and beyond to demonstrate their knowledge and understanding in lessons

Joseph H (7P3) - fantastic understanding of the formation of a sea stack

Clara A (7P2) - fantastic revision and effort towards her end of Y7 exams. Scoring 23/26
Fantastic effort

Jayden B (7P2), Obi-Kade M (7C3), Scarlett T (702) - all engaging 110% in every single lesson. Hands up all the time asking relevant questions to extend their learning and sharing really interesting ideas

Alice B (73P) - 110% engagement every lesson sharing answers and supporting her peers

Boris V (7A2) - Always engaged and contributing during lessons, did very well on his end of Year assessment

Betsie H (7A3) - Great engagement during lessons and has shown great progress in Geography over the year



**Teacher
Shout-Outs**

Technology – Year 7

This term, in Design and Technology, students have been busy developing a wide range of practical skills across Food Preparation, Resistant Materials, and Textiles.

🍳 Food Preparation: Cooking with the Eatwell Guide

In Food Prep, students have been learning the importance of balanced diets and healthy eating by following the Eatwell Guide. From chopping vegetables to making simple meals, students have been gaining confidence in the kitchen while practising key food safety and hygiene rules.

- ✓ Avoiding cross-contamination
- ✓ Preparing tasty, nutritious recipes

Whether it's a pasta salad or a fruit crumble, Year 7 have shown great enthusiasm and teamwork in the kitchen!

✂️ Resistant Materials: Desk Tidy's with a Personal Touch

In Resistant Materials, students have been adding the finishing touches to their wooden desk tidy projects. These help them explore how to use hand tools, measure and mark accurately.

- ✓ Measuring and marking out materials
- ✓ Using saws, files, and sanding blocks safely

Each desk tidy is unique, and students have worked hard to produce neat, well-finished pieces they can proudly use at home.

🧵 Textiles: Creative Monster Keyrings

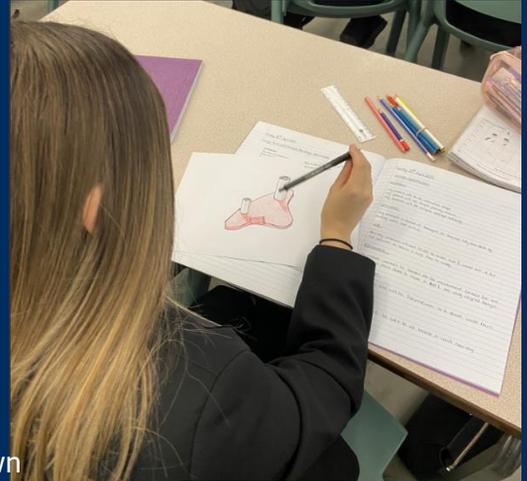
Textiles lessons have been full of colour, stitching, and imagination! Students have been designing and making monster keyrings using felt, thread, and embellishments. This project has helped students build basic sewing skills and explore design for fun and function.

- ✓ Designing fun and quirky monster characters
- ✓ Learning how to sew using running stitch and blanket stitch

The finished keyrings are a brilliant example of creativity and hands-on skill—every monster has its own personality!

🎯 Skills for Life

From food prep to woodworking and sewing, students are learning real-life skills that encourage independence, creativity, and problem-solving. Design and Technology is more than just making things—it's about thinking, planning, improving, and having fun while you do it. Great job this term, we're proud of the hard work and imagination you've shown across all areas!



Food Preparation: Roman I (7P1) - Has work hard during his food lessons and produced some great practical dishes

Resistant Materials: Scarlett L (7C3)- Excellent design ideas and great practical skills.

Textiles: Oliver G-J (703) - Continually working hard and making a super creative Monster keyring.

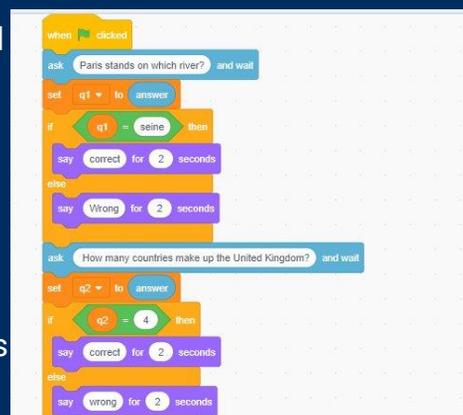


**Teacher
Shout-Outs**

Business & ICT – Year 7

This term, our Year 7 students have been developing digital skills through two key areas: coding and data handling.

In coding lessons, students have been introduced to **Scratch**, a visual programming language designed to help young learners understand fundamental programming concepts. They have created several programs including quizzes, animations and games, gaining experience with sequences, loops, conditions, and variables. These projects encouraged creativity while building a foundation in computational thinking.



Alongside coding, students have also explored how to use spreadsheets effectively. They have learned to input and organise data, apply basic formulas (such as SUM and AVERAGE), and create charts and graphs to visually represent their data. This part of the course has helped them understand how digital tools can be used to analyse information and present it clearly.



Overall, it has been a productive and engaging term, with students gaining valuable skills that will support them in both their academic work and everyday digital life.

Michalina B (7A1) for working incredibly hard this year and showing a real flare for Scratch and Spreadsheets. Well done Michalina on a fantastic first year at Hesse High

Alyssa-May M (7A1) for always working hard in ICT, answering questions and putting full effort in all year round

Harry F (7P1) always trying his hardest in ICT and making sure he completes all tasks to the highest standard, he has been a pleasure to teach



**Teacher
Shout-Outs**

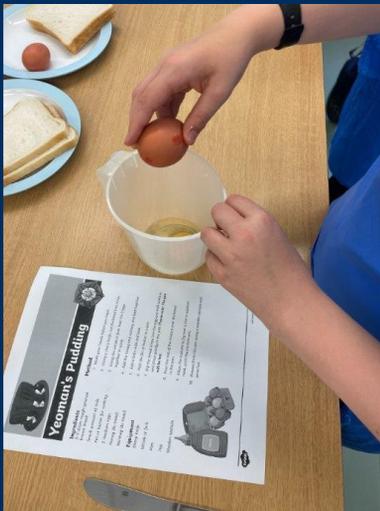
History – Year 7

This term, Year 7 students have been learning about key aspects of life in Medieval England, exploring how people lived, worked, and worshipped during this period. They examined topics such as the feudal system, medieval villages and towns, the role of the Church, and the daily lives of peasants and nobles.

Through this study, students continued to develop their historical skills including essay writing, source analysis, and interpreting evidence.

Students have also been learning about the Crusades this half term, focusing on the causes, key events, and consequences of these religious wars.

They have explored why people went on crusade, who the main figures involved were, and how the Crusades impacted both Europe and the Middle East.



Teacher Shout-Outs

Daisy H (701) Jessica T (703) and Ali E (7C3)
All are producing outstanding pieces of work on the Tudors, independently research their own aspects of Tudor history.

They are creative, well researched and thoughtful.

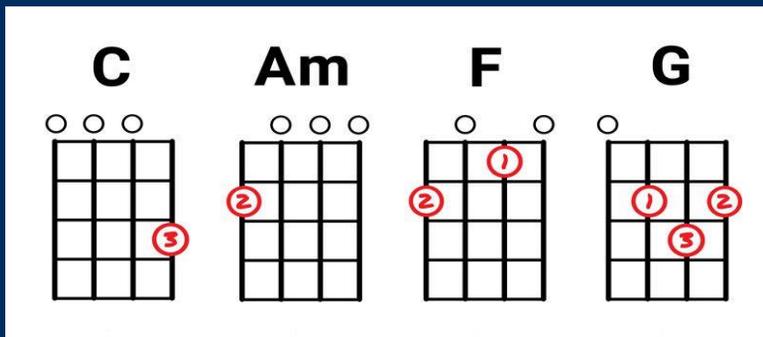
Music – Year 7

This term, our Year 7 students have been diving into the world of ukulele! The students have explored the different parts of the instrument, how it produces sound, and how changing string tension affects pitch.

Building on this foundation, students have been learning to play four key chords – C, G, Am, and F – with some mastering a basic strumming pattern while others challenged themselves with more complex rhythms.

To round off their learning, students combined their chord playing with a vocal melody, working towards a polished group performance.

It's been wonderful to see their confidence and musical skills grow throughout the term!



Well done to the following students who have shown great resilience during our Ukulele topic and have produced some fantastic performances:



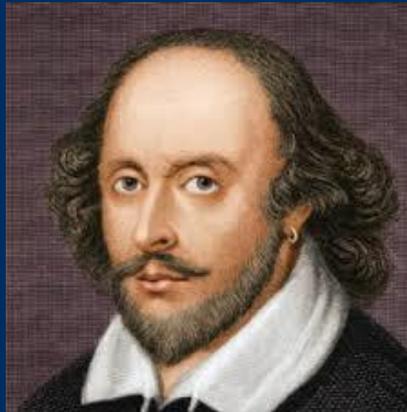
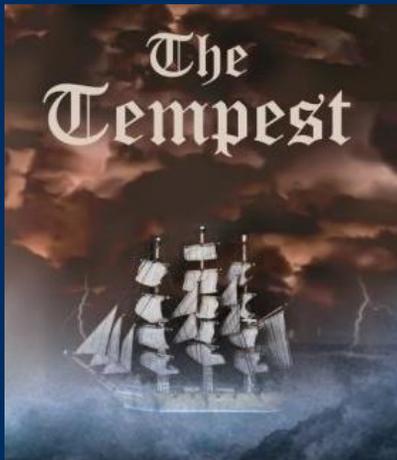
Teacher Shout-Outs

Isobel H (701)
Abigail S (7C2)
Florence N (7A2)
Roman I (7P1)
Maddie J (7A3)

Drama & Dance – Year 7

In their final term, our Year 7 Drama students have been introduced to the world of **William Shakespeare**, gaining insight into his background, upbringing, and the influences that led him to become one of history's most iconic playwrights. The class has explored a selection of his famous plays, including **Macbeth**, **Romeo and Juliet**, and **The Tempest**, with a focus on creative storytelling and performance.

Throughout the term, students have developed their **creative writing, physical and vocal performance skills**, and have learned how to bring text from 'page to stage'. By exploring key extracts from each play, they've worked to understand character, narrative, and how to stage scenes effectively. It's been a rich and engaging introduction to Shakespearean drama!



Aidan S (702) - Aiden has an excellent ATL, he can lead and direct a group and shares creative ideas.

Scarlett L (7C3) - Always works hard and engages thoroughly with every task. Scarlett's confidence is growing due to her attitude to learning and she helps others in her group.



**Teacher
Shout-Outs**

Orlando House Updates



With the school year coming to an end, it's easy to look back on what it has brought us and the amazing times that we have had as a house.

When I started as Orlando Head of House in January, I knew there would be some school events that would be so incredible to take part in and the Charity day that took place on 2 April was one of those occasions.



Miss R Bishop
Head of Orlando House

To see the students of Orlando come together to raise money for an inspiring charity such as WISHH was lovely to see. At the end of that day, we had raised a massive **£1,023.72** with the fund increasing throughout the year with the use of raffles. A big thank you especially must go to **Jacob R-G (902)** for donating his bike to raise money for our charity, which is already at an extra £42.

We come to the end of our run supporting **WISHH** this year and are pleased to announce that the charity we are supporting next year will be **Dove House Hospice**.



I must also give out a massive **thank you** to our House Captains without whom, I'm sure, I would have been lost. They have shown great resilience and enthusiasm towards every aspect of helping the house and have given some incredible ideas that I'm sure their successors will take forward into the new school year.



All students across our House have shown commitment to their school life, both in academics and out in the school community and that shows with the house points that many of our pupils have received. I am pleased to announce that the top student in each year group are:

- **Year 7 - Dylan B (701) : 2706**
- **Year 8 – Stella W (803) : 2099**
- **Year 9 – Paisleigh H (903) : 1672**
- **Year 10 – Dexter O (1001) : 1974**

Finally, I just want to say huge **Thank You** to everyone who has been a part of this successful Orlando year. Enjoy your summer and we will see you in September.

Portia House Updates



As the school year draws to a close, I am excited to share with you all the wonderful achievements, memorable events, and exciting moments that have made this year truly special. From academic successes to (pending) sports triumphs, creative projects to community initiatives, our school community has shown tremendous spirit and dedication throughout this past year. We have a grand total of 273, 414 house points so far, which is an increase of 35,583 since our last newsletter! We remain in second place, but I still have faith we can achieve the House Cup with a final push on collecting those points! Our participation, performance and success at Sports Fest on Wednesday 16 July will hopefully secure our victory!



Miss E Foster
Head of Portia House

Top tutor groups this term are:

7P1 – 8329 8P1 – 6662 9P3 – 6045 10P1 – 5270

House Captains

Applications for the new House Captain roles were advertised this term, and I am very pleased to announce that we have a fabulous new team of enthusiastic students who are raring to go in developing opportunities for Portia students. Thank you to everyone who applied and congratulations to all who were successful in their application. We have already had some meetings to discuss and plan this year's Charity Day, and we also have some fantastic ideas for different ventures for the students to get involved in next year.

House Charity

As mentioned in the previous newsletter, our affiliation with our current charity, **Downright Special**, is coming to an end. I am pleased to announce that our new charity is **Emmaus, Hull and East Riding**. Emmaus supports formerly homeless people by giving them a home, individual support, work experience and an opportunity to get back on their feet again. There are lots of opportunities for Portia students to get involved with their outreach programmes and other fundraising projects, whilst raising awareness about homelessness in our local community. I will be launching our new charity in our final house assembly of the year. And finally...

For our eagerly awaited Charity Day on Tuesday 8 July, we are holding a 'Capture the Classics' event whereby each year group will participate in an interform competition of Catch the Flag. All Portia tutor groups will be competing to win our Challenger Cup which is a new trophy. They will also compete in some retro races such as flip the tyre, egg and spoon race, obstacle course and a three-legged race. All activities are inclusive and fun for all participants and should raise a considerable amount for **Downright Special**. Students have their sponsorship forms, and we are hoping for as many sponsors as possible to win additional prizes/house points. There will also be a bake sale at break/lunch times where a selection of yummy treats will be available to buy; all proceeds going to our charity. The final figure raised will be published in the next newsletter.

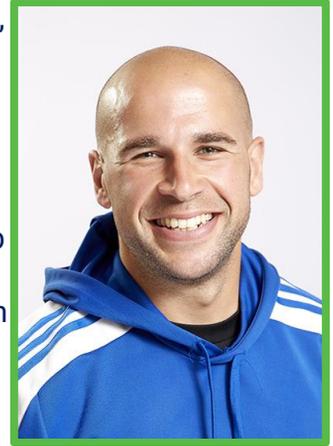
I continue to be so proud of all our students in Portia, not only for academic success but for consistently demonstrating our school values and participating in all aspects of school life. Here's to even more success next year. I wish all our students and families a safe, fun and relaxing summer holiday.

Cassio House Updates



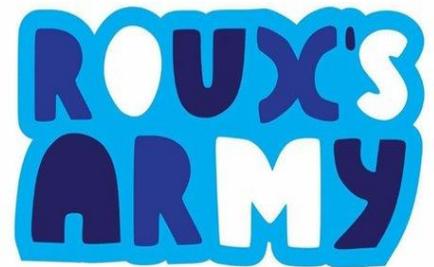
As we approach the end of another exciting and memorable school year, it's a perfect moment to reflect on all that we've achieved together as House Cassio. From competitive triumphs to community spirit, 2024-25 has been a year that has truly showcased our House values and our commitment to excellence in everything we do.

This year, Cassio continues to make a strong showing on the House Cup leaderboard. With only a few weeks to go, we remain in a fantastic position to retain the title we proudly earned last year. This is a reflection of what we can accomplish when we come together as one team. Every competition, every point, and every act of support between students builds the kind of legacy that defines greatness. Let's keep pushing forward and finish strong—Cassio knows how to rise together!



Mr E Griffiths
Head of Cassio House

Looking ahead, we're excited about the upcoming **Sports Fest on Wednesday 16 July**, a refreshed and rebranded version of our much-loved Sports Day. This is our chance to show our athletic talent, team spirit, and determination as we compete to win back the **Sports Cup** from Portia House. Every single participant matters. Each race, game, and activity counts towards our House total. Let's show up, give our best, and bring that trophy home!



One of the highlights of the year was our incredible Charity Day, where we raised an amazing total of **£948.60** for **Roux's Army**. This day was more than just a fundraiser; it was a celebration of togetherness and a shining example of our school values in action; **Respect, Resilience, Aspiration, Responsibility, Integrity, and Kindness**. A huge thank you goes to our House Captains for their leadership and enthusiasm throughout:

Isabel K (House Captain), Olivia B (Vice Captain), Amelie A and Sophie A (Charity Captains), Sanga S (Diversity Captain), Tilly L (Environment and Sustainability Captain), and Freddie L (Sports Captain).



Your dedication has made a lasting impact on the House and school community.

We'll finish the term with our final rewards assembly, a time to come together and celebrate all that we've achieved this year as a House. From academic success to community involvement and outstanding contributions in competitions and events, Cassio students have continued to set a shining example of what it means to be part of this exceptional team. We look forward to welcoming Anthony Owen (Roux's Dad) to this assembly to donate a final cheque to **Roux's Army** from the last two years. We will also be announcing the election of next year's House Captains.

Thank you all for a fantastic year. We're so proud of everything House Cassio has accomplished, and we can't wait to see what next year brings. Until then, enjoy a well-deserved summer break and remember. **Once Cassio, always Cassio!**

Ariel House Updates



As the summer term draws to a close, it's a perfect moment to reflect on the many achievements of Ariel House—not only over the past few weeks, but throughout the entire academic year.

Our students have shown incredible commitment, and team spirit across every aspect of school life. From academic successes to extracurricular triumphs, Ariel House continues to shine, and we are proud of each and every one of our students.



Miss A Deveney
Head of Ariel House

A particular thank you must go to our fantastic House Captains, whose leadership, energy, and dedication have helped bring our house together throughout the year. They have gone above and beyond to support events, motivate peers, and represent Ariel with pride. With their term coming to an end, we now look forward to the upcoming elections for our 2025/26 House Captains—an exciting opportunity for a new generation of leaders to step forward.

One of the real highlights of this term was **Ariel Charity Day in May**, which was a fantastic celebration of community and giving. We were delighted to be joined by our supported charity, **Humber Rescue**, who made the day truly memorable. Students had the opportunity to take part in CPR practice sessions, explore the rescue lifeboat, and try on genuine rescue gear. The 500m rowing challenge was a hit too—well done to all who took part with such determination and enthusiasm!

Thanks to everyone's efforts and generosity, we raised a total of **£1,596.69**—an incredible amount that will go directly to supporting the vital work of Humber Rescue.

I would like to take this opportunity to say a massive **well done** and **thank you** to all members of Ariel House. You've made this year one to be proud of. Here's to a restful summer and an exciting year to come!



House Points



271442

279224

268608

247885

Extra Curricular clubs

Please see our **Extra Curricular clubs** available;

Club	Day	Year Group	Club	Day	Year Group
Badminton	Monday	7 to 10	Choir	Wednesday	7 to 10
School Production Rehearsals	Tuesday/ Wednesday/ Thursday	7 to 10	Open Music Rehearsal	Tuesday	7 to 10
Rugby	Monday	7 to 10	Dungeons & Dragons	Friday	7 to 10
Netball	Tuesday	7 to 10			
Fitness/ Gym	Wednesday	7 to 10			
Boys Football	Thursday	7 to 10			
Tigers Trust Girls Football	Thursday	7 to 10			
Cheerleading	Friday	7 to 10			
Bridgehead Project	Wednesday	7 to 10			
Scalextric/ Electronics & Greenpower	Tuesday	7 to 10			

Events

Lewie Coyle Delivers Footballing Masterclass to Year 7 Students

It was a day to remember for 90 lucky Year 7 students as Hull City captain Lewie Coyle led a fantastic footballing masterclass at our school. Boys and girls alike took part in a high-energy day of training, inspiration, and unforgettable moments, all under the guidance of a true professional. Lewie, alongside his expert training team, delivered an intensive four-hour football session, packed with skill drills, tactical tips, and motivational insights. Students were not only given a chance to sharpen their technique, but also to learn about teamwork, discipline, and the importance of resilience both on and off the pitch.

The day began with an aspirational assembly led by Lewie, who shared his journey from local lad to club captain. His story struck a chord with the students, reminding them that with hard work, dedication, and self-belief, dreams really can become reality.

The atmosphere throughout the day was electric. Students were buzzing with excitement, not only for the chance to train with a professional footballer but also for the special autograph session that followed. Lewie took time to speak with the students, pose for photos, and sign shirts, boots, and programmes - creating memories that will last a lifetime. Two successful Year 7 students, Harry Whitehouse and Scarlett Scott, were fortunate enough to be selected by Lewie Coyle for a Chris Coyle Scholarship and to attend the Lewie Elite Training Academy. This incredible event left a lasting impression on our Year 7s and staff alike. It was more than just a football session; it was a celebration of ambition, community, and the joy of sport. We are deeply grateful to Lewie Coyle and the Hull City team for bringing such a positive and inspiring experience to our school.



Events

Students had a very active week walking.. biking...smoothie making with Team Modeshift.



Well done to all students, staff and parents in Ariel for all your amazing support. All money raised will be donated to Humber Rescue to help save more lives.

CHARITY DAY GRAND TOTAL...

£1596.69

Thank you to all students, staff and parents of students in Ariel for your wonderful support! What an amazing day and it was so great to see you all taking part. The money will be donated to Humber Rescue to help them to save more lives each day.

Thank you all, can't wait to see what we can do next year!
-Miss Deveney



SPORTS DAY
WILL BE HELD ON SITE
THIS YEAR
MORE INFORMATION
TO FOLLOW
WEDNESDAY 16 JULY 2025

Key Dates and Notices

Battle of the Bands	Friday 11 July 2025
Rewards Trip	Wednesday 14 July 2025
Coastal Trip	Tuesday 15 July 2025
Sports Day	Wednesday 16 July 2025
End of Term (13:45 Finish)	Friday 18 July 2025
Beginning of Term Years 7, 11 and 12 (all day) and Year 13 (pm only)	Wednesday 3 September 2025
Beginning of Term Years 8 and 9	Thursday 4 September 2025

If you want to see more of your child online/in our newsletters, please make sure you consent on the Arbor parent portal. To learn more click [here](#).

Have your contact details changed?

If you have changed any contact details such as home address, mobile number, email etc. Please update these via the Arbor Parent Portal. Please contact us via office@hessleacademy.com if you have any issues with accessing your account.

Please click [here](#) to see all of our term dates

Term dates for 2025/2026 will be available shortly.